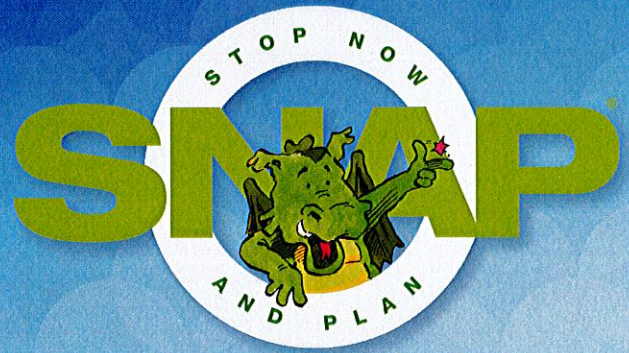


Orange County Family Counseling
1728 E. Michigan Street
Orlando, FL 32806
Phone: 407-254-9370
Fax: 407-254-9396



Orange County Youth and Family Services Division



SNAP® stands for STOP NOW AND PLAN.

SNAP® is an award-winning evidence-based program for children ages 6-11 who are experiencing behavior issues. The primary goal of SNAP® is to help children to stop and think before they act, and keep them in school and out of trouble.

Who should attend SNAP®?

Children ages 6-11 engaging in problematic behavior at home, at school, with persons in authority, and in the community. Behaviors may include lying, stealing, verbal aggression, physical aggression, disruptive behavior, or anger towards siblings/peers.

SNAP® Boys or SNAP® Girls Component

- Weekly group sessions for 13 weeks
- Engaging activities include discussion, role plays, and interactive games to learn how to use SNAP® skills
- Topics include self-control, problem-solving, emotional regulation (such as dealing with angry thoughts and feelings), bullying, and relationships

SNAP® Parenting Component

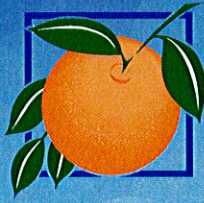
- Parent group meets concurrently with the children's group
- Learn effective child management and SNAP® strategies
- Connect with other parents facing similar challenges

SNAP® services can also include:

- Individual Child Counseling
- School Advocacy/Teacher Support
- SNAP® Parenting: Family Counseling
- Crisis Intervention
- Long Term Connections/Continued Care

Referrals and Costs

- SNAP® services are completely **free** to children and their families
- Snacks are provided at each SNAP® session
- Sibling care and in-county transportation may be provided, if needed



Orange County Family Counseling

1728 E. Michigan Street

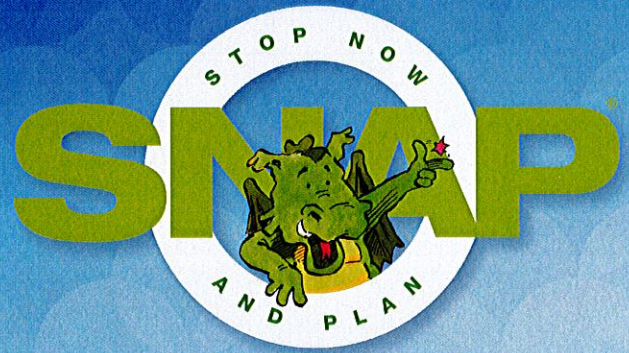
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